

## KCISD SCHOOL HEALTH ADVISORY COUNCIL MEETING-Minutes

January 18, 2023

Karnes City ISD Board Room

4:00 pm

Introduction of members- Mackenzie Allen- RES- 2<sup>nd</sup> grade teacher; Rita Jordan- community member; Allison Rudolph- parent of Pre-K and 2<sup>nd</sup> grade students; new member- Heather Aguilar- DSHS and parent of 2<sup>nd</sup> and 4<sup>th</sup> grader; Nurse Bluhm RN- School District Nurse

Agenda- 1) Health and safe school Environment- **COVID update**- Nurse Bluhm reporting cases very low and the school is still performing drive thru testing at the Blue building. All positive home test results must be certified through the school or clinic/Dr.s office. **Safety training**- Stop the bleed- 7<sup>th</sup>-12<sup>th</sup> grade- video presentation will be scheduled in the future; Staff members will need to complete the hands on section- looking at either the Hospital or EMS system assisting with this. **Safety Director**- now present- Todd Espinoza- discussed the TEA state unannounced Intruder Audit completed at Primary and all went well. Excited about looking into possible crosswalks with the city and working with Mrs. Kaiser on other safety projects. Todd is also working on a major emergency event project with all emergency local organizations here. Rita discussed with Todd about the city safety meeting that took place with Shelby during the summer and major event planning. Todd talked about the SROS on the campuses monitoring morning traffic for speed and safety. Rita asked about the KCISD SROs, Todd stated that the school is still looking for one more SRO. **Under Health**- Nurse Bluhm wanted the council to know that the KCISD Full Service Community School has a credit limit and are able to obtain food from the SA Food Bank Pantry, this information was provided by Molly Kollodziej. This took several months to make it happen, requiring food handling certifications and state inspection of each pantry. Rita also said that Mrs. Zimmerman is able to come to the Thrift store in Kendy and pick up clothing items for our pantries here at RES, JH and HS.

2) Cafeteria news- No updates to report from Trey. Nurse Bluhm did mention that February will be American Heart Month and will see if Trey can put out some heart healthy recipes for the district.

3) Staff/student/parent wellness activities- Mckenzie discussed the Weight loss challenge at RES continues; Nurse Bluhm asked other members if any activities are going on in the community- Allison mentioned the Diabetes program that the Hospital is offering to the public. Nurse Bluhm talked about “It’s Time Texas” challenge, the school district has several staff members signed up. She noted that looking at it’s dashboard, Kenedy ISD is ahead of Karnes City ISD in the point system.

4) Counseling and Mental Health services- Nurse Bluhm reports that the counselors on each campus are going into the classrooms and presenting different mental health topics. Deanna Wiatrek, at the JH, sends out Mental Health Wednesday topics per email to the staff. She is also working on sending out mental health information to students.

5) Health Services- Megan Martinez RN, is the new Wesley Nurse for the Methodist Church. She was going to present but not able to attend. Megan did email a handout about her services and hopes to attend the next meeting. Other health topic- Nurse Bluhm talked about the handout that Barbara James at the Hospital sent out- Meth, Heroin, and Fentanyl: A Deadly Combination in Karnes County- A Town Hall meeting for all to attend at Otto Kaiser Memorial Hospital on January 31<sup>st</sup>. Officer Salas who arrived a few minutes ago, states that the public needs to be aware of this information. Discussion from Rita about the antidote to Fentanyl and the school looking into having it on campuses.

With no other discuss, next meeting is scheduled for March 22<sup>nd</sup> at 4:00 pm at the Board meeting. Meeting adjourned at 4:35 pm.